orgasm

from Greek *orgasmos* ~ excitement, swelling

tantra ~ originally instructional texts that mirror a dialogue between a god and a goddess, practices are intended to awaken life force / kundalini

kundalini

toltec wisdom ~ secret sexual energy practices of Toltec–Mayan shamans and Nagual sorcerers: attaining spiritual transformation to awaken sexual energy, and balance the masculine and feminine energies within

*Carlos Castaneda: Sex Dreaming: Esoteric Sexuality Revealed*

biological / evolutionary lens :